

At Kington St Michael, we try to offer a range of physical activity, both within the curriculum and as extra-curricular activities. We use our Sport Funding to provide specialist coaching to all children and to develop the skills of our teachers (please see our Sport Funding Report).

Every child is provided with an hour of specialist coaching every week, throughout the year. They also receive PE teaching from the class teacher each week. Children go swimming and are all able to swim 25m by the end of Key Stage 2. Most pupils are able to swim significant distances.

Physical activities offered to the children are wide ranging and include multi-skills, athletics, football, netball, basketball, dance, gymnastics, lacrosse, cricket, rugby, handball, striking and fielding games and invasion games.

After school activities are offered by our specialist coaches and, this year, cover football, netball, multi-skills, multi-sports, rugby, cricket and lacrosse. Matches in various sports are arranged with our cluster of schools and we also take part in a number of festivals at our feeder secondary schools. These are for Key Stage 2 and an annual multi-skills festival is arranged for Key Stage 1 with our village cluster schools. We also take part in the Chippenham Games which is a sporting festival for all Year 6 pupils across all 17 Chippenham Primary Schools.

Our secondary School Sports Coordinator trains our Year 5 and Year 6 pupils as Play Leaders.

Adventurous activities such as abseiling, rock climbing, fencing, body boarding, raft building, zip wire and outdoor pursuits are all offered on our residential visits (2 night for Year 3 and 4 and 4 nights for Year 5 and 6).

PE - KS1	PE – KS2
<ul style="list-style-type: none"> ▪ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities ▪ participate in team games, developing simple tactics for attacking and defending ▪ perform dances using simple movement patterns. 	<ul style="list-style-type: none"> ▪ use running, jumping, throwing and catching in isolation and in combination ▪ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending ▪ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics] ▪ perform dances using a range of movement patterns ▪ take part in outdoor and adventurous activity challenges both individually and within a team ▪ compare their performances with previous ones and demonstrate improvement to achieve their personal best. ▪ swim competently, confidently and proficiently over a distance of at least 25 metres ▪ use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] ▪ perform safe self-rescue in different water-based situations