

PSHE Skills	Themes	Learning
Speaking and Listening for Learning and Relationships	Relationships	Friendship, including repairing broken friendship and developing new friendships; Personal feelings, including impact of others; Family, including difference and diversity; Peer influences, including positive as well as negative and body image; Growing up, including physical and emotional aspects and transition to next stage of learning; Bullying, including understanding what constitutes bullying behaviour, personal responsibility not to bully others and developing resilience strategies to lessen the impact of bullying.
Non-verbal Communication	Health	Healthy Lifestyles, including diet, nutrition and physical activity, Physical development, including growth, naming body parts (a safeguarding issue) and puberty including physical/emotional changes and hygiene, Peer influences, including mental health/wellbeing, Substance use/misuse, including medicines, alcohol, solvents and tobacco; Emergency aid for self and others.
Assessing and Managing Risk for self and others	Media	Influence of technology, including television, computers, games consoles, mobile technology; Media influence; including commercialisation of children, social networking and critical media consumption.
Conflict Resolution	Financial Capability	Beginning to understand the role of money for the individual and in society, including laws related to raising money.
Coping Skills Resilience	Careers & Work Related Learning	Opening up the World of Work to children, including job families, skill development and aspiration through goal setting and reviewing.
Independence Self-motivation	Citizenship	Developing as an active member of society, including school, local community and global community; Working as part of a team or group to support others.
Group Work Interdependence	Enrichment	Enrichment opportunities that support the planned programme in the school.

Safeguarding at the Earliest Opportunity